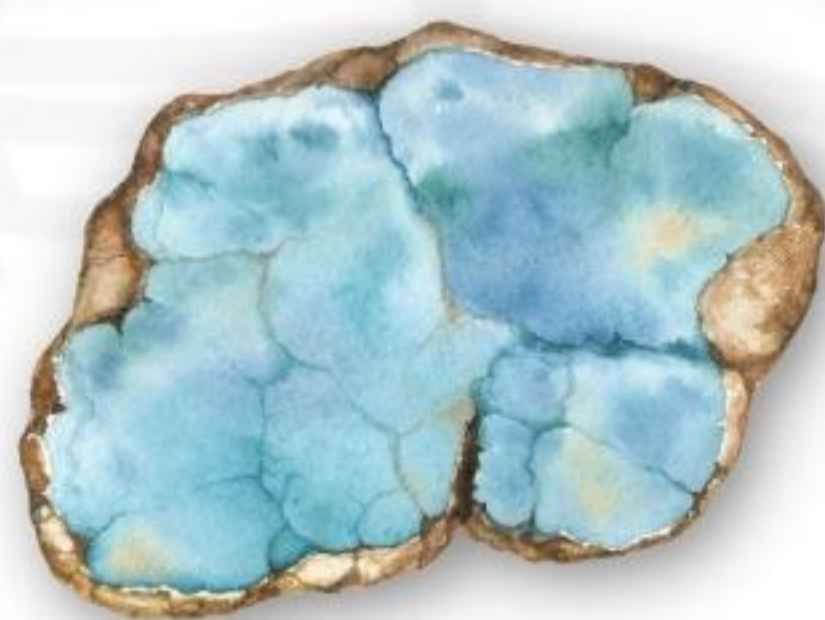


# Throat Chakra

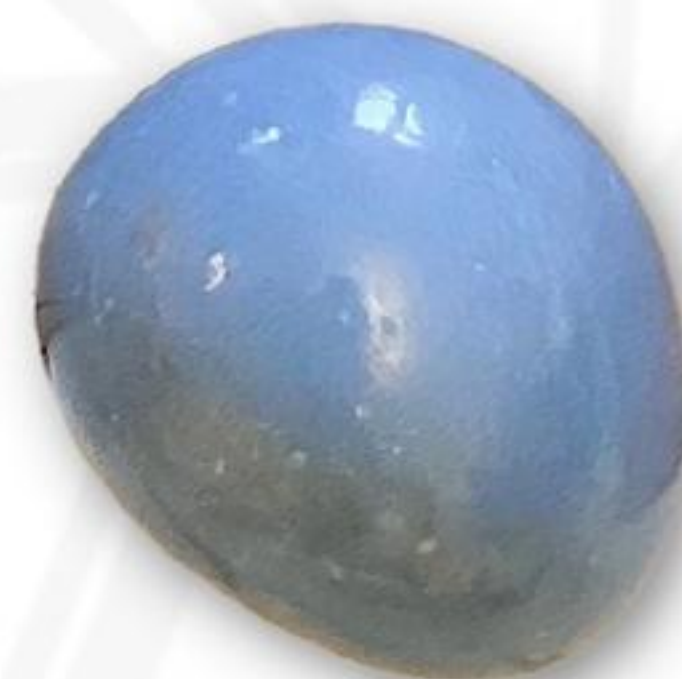
*Vishuddha*

**Expression, Communication, Truth**

- **Location:** Throat Area
- **Color:** Light Blue
- **Element:** Ether / Space
- **Seed Sound:** HAM
- **Gland:** Thyroid



*Turquoise*



*Angelite*



*Aquamarine*



*Sodalite*



*Chrysocolla*



*Blue Lace Agate*